

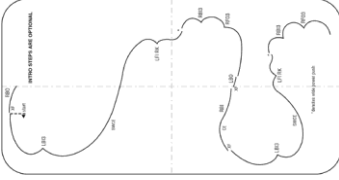
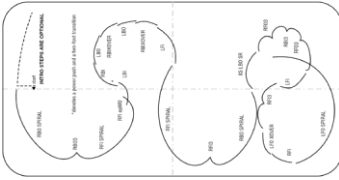
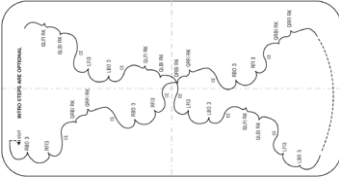
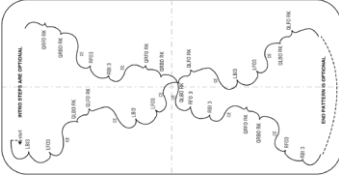
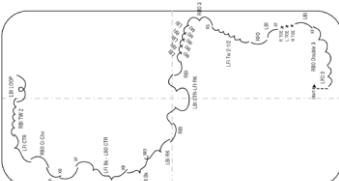
# SKATING SKILLS JUDGING FORM

## LEVEL 6



Candidate's Name \_\_\_\_\_ Member # \_\_\_\_\_  
 Candidate's Club / Province \_\_\_\_\_  
 Host Club \_\_\_\_\_ Date \_\_\_\_\_

The candidate must give an excellent performance, displaying power, strong edge control and depth, extension and precise footwork control.

PATTERNS	ELEMENTS TEST STANDARDS / EXPECTATIONS	MARK (-3 to +3)
	<p><b>1. Sustained Edge Step</b> <span style="float: right;"><i>edge quality, power</i></span></p> <ul style="list-style-type: none"> <li>• Mastery of edges with depth of lobe, acuteness of arc &amp; body lean / Rocker (not 3-turn)</li> <li>• Bilateral power - subtle use of knees / Full ice coverage</li> <li>• Full mastery of all body positions - maximum stretch of body lines</li> <li>• Refined flow, presentation and performance skills</li> </ul>	
	<p><b>2. Spiral Sequence</b> <span style="float: right;"><i>extension, edge quality</i></span></p> <ul style="list-style-type: none"> <li>• Excellence of all body lines / Sustained free leg position clearly above hip level</li> <li>• Mastery of edge control with bold lobes and full ice coverage</li> <li>• Refined presentation, effortless flow with confident edges throughout</li> </ul>	
	<p><b>3. BO Power Dbl 3-Turns to Power Dbl Inside Rockers</b> <span style="float: right;"><i>power, quickness</i></span></p> <ul style="list-style-type: none"> <li>• Balanced, quick &amp; clear foot speed - uninterrupted rhythm (Rocker's quicker than 3's)</li> <li>• Mastery of the generation of speed at a refined pace</li> <li>• Must maintain a diagonal axis / Equal depth of lobes</li> <li>• Refined presentation &amp; performance skills / Effortless</li> </ul>	
	<p><b>4. BI Power Dbl 3-Turns to Power Dbl Outside Rockers</b> <span style="float: right;"><i>power, quickness</i></span></p> <ul style="list-style-type: none"> <li>• Balanced, quick &amp; clear foot speed - uninterrupted rhythm (Rocker's quicker than 3's)</li> <li>• Mastery of the generation of speed at a refined pace</li> <li>• Must maintain a diagonal axis / Equal depth of lobes</li> <li>• Refined presentation &amp; performance skills / Effortless</li> </ul>	
	<p><b>5. Serpentine Step Sequence</b> <span style="float: right;"><i>edge quality, continuous flow</i></span></p> <ul style="list-style-type: none"> <li>• Mastery of each element / clean execution of all turns</li> <li>• Maintain serpentine pattern, full ice, deep edges, tight lobes</li> <li>• Refined performance &amp; strong body positions</li> <li>• Effortless execution &amp; presentation</li> </ul>	

Only two elements may be reskated at the end of the test, if necessary.	Circle Test Result	<b>Retry</b> -15 to -1	<b>Pass</b> 0 to +5	<b>Honors</b> +6 to +10	<b>Distinction</b> +11 to +15	Total	
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Mandatory Deductions (if any):

Exceeding the seven introductory steps	
Not starting from a standing, stationary position when required	
Incorrect execution of a second fresh start	

The test result will be determined by the consideration of the composite of each element in relation to the whole.

If the result is a "Retry", please mark with "X" in the table below:

	<b>Element</b>	<b>Pass</b>	<b>Retry</b>	<b>Bank</b>
1	Sustained Edge Step			
2	Spiral Sequence			
3	BO Power Dbl 3-Turns to Power Dbl Inside Rockers			
4	BI Power Dbl 3-Turns to Power Dbl Outside Rockers			
5	Serpentine Step Sequence			

Judge's Name \_\_\_\_\_

Signature \_\_\_\_\_