

SOUTH AFRICAN FIGURE SKATING ASSOCIATION

LEVEL 2 SKATING SKILLS TEST EVALUATION SHEET

Province holding test: _____ Coach: _____

Candidate: _____ Evaluator Name: _____

SAFSA Number: _____ Evaluator Signature: _____

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 Test Date

Level 2 Skating Skills Test Result: Pass or Retry

LEVEL 2 SKATING SKILLS TEST EVALUATION SHEET

Candidate: _____ Evaluator: _____ Date: DDMMYY

| Exercise 2a | First Attempt | | Re-skate Attempt | |
|--|---------------|-------|------------------|-------|
| | Pass | Retry | Pass | Retry |
| 3 Turn and open mo-hawk in a figure 8 | | | | |
| Comments: | | | | |
| Exercise 2b | First Attempt | | Re-skate Attempt | |
| | Pass | Retry | Pass | Retry |
| Swing open mo-hawk in a figure 8 | | | | |
| Comments: | | | | |
| Exercise 2c | First Attempt | | Re-skate Attempt | |
| | Pass | Retry | Pass | Retry |
| Power pulls, cross rolls and change of edge | | | | |
| Comments: | | | | |
| Exercise 2d | First Attempt | | Re-skate Attempt | |
| | Pass | Retry | Pass | Retry |
| Spiral exercise | | | | |
| Comments: | | | | |
| Exercise 2e | First Attempt | | Re-skate Attempt | |
| | Pass | Retry | Pass | Retry |
| Open swing mo-hawk and inside edges | | | | |
| Comments: | | | | |
| Exercise 2f | First Attempt | | Re-skate Attempt | |
| | Pass | Retry | Pass | Retry |
| Choreograph sequence. Include 5 of the following, using the full ice surface: <i>Twizzles on both feet, outside spread eagle, set of 3 forward choctaws, falling leaf, split(90 degrees) or stag jump, forward/backward loops, arabesque, Spiral with variation for 3 seconds on an edge, step sequence. 4 of the 5 must be passed.</i> | | | | |
| Comments: | | | | |

Total Pass after the re-skates: ___/6

NB

Only 2 exercises allowed to be re-skated. All 6 elements must be passed

