

# SOUTH AFRICAN FIGURE SKATING ASSOCIATION

## NTC Communication No. NN 2011-01

(Revision of NTC Communication No NN 2009-01)

### Non-National Competitive Division - Interprovincial Championships

The object of this communication is to stipulate and set the requirements for the non-national competitive division that must be held at all Interprovincial Championships. Organising committees are reminded that these sections must be made available at all Interprovincial Championships held under the jurisdiction of the Council of SAFSA. However any other Inter-club, Provincial or Club competition need not conform to the specified sections although it is strongly recommended that these section requirements are also followed in these competitions.

Please note that no 1<sup>st</sup> place standards apply to the non-national competitive division at Interprovincial Championships.

All Singles and Pairs sections shall be judged according to the ISU Judging System with some modifications stipulated below. Ice Dancing and Synchronised Skating will be judged on the 6.0-based system.

### **PART A: SINGLES SKATING**

#### A. Scale of Values Table

The ISU Scales of Values Table shall be used with the following additions:

Element	Code	+3	+2	+1	Base	-1	-2	-3
Single Toe-Loop underrotated	1T<	0	0	0	0.3	-0.1	-0.2	-0.3
Single Salchow underrotated	1S<	0	0	0	0.3	-0.1	-0.2	-0.3
Single Loop underrotated	1Lo<	0	0	0	0.4	-0.1	-0.2	-0.3
Single Flip underrotated	1F<	0	0	0	0.4	-0.1	-0.2	-0.3
Single Lutz underrotated	1L<	0	0	0	0.5	-0.1	-0.2	-0.3
Single Axel underrotated	1A<	0	0	0	0.8	-0.2	-0.4	-0.6
Waltz Jump	A<<	0.3	0.2	0.1	0.2	-0	-0.1	-0.1

#### B. Deductions for violations shall be as follows:

Violation Type / Sections	Sparrows	Bronze Hawks	Silver Falcons	Golden Eagles
Time (for every 5 sec. in excess / lacking)	0.5	1.00	1.00	1.00
Vocal Music	0.5	1.00	1.00	1.00
Illegal element	0.5	1.00	1.00	1.00
Costume / Prop	1.00	1.00	1.00	1.00
Fall	0.5	1.00	1.00	1.00
Interruption in excess: 11 – 20 seconds	-0.20	-0.20	-0.30	-0.30
Interruption in excess: 21 – 30 seconds, etc	-0.20	-0.20	-0.30	-0.30

### C. Program Components

Component Factors / Sections	Sparrows	Bronze Hawks	Silver Falcons	Golden Eagles
Skating Skills	1.00	1.00	1.00	1.00
Transitions	n/a	n/a	1.00	1.00
Performance / Execution	1.00	1.00	1.00	1.00
Choreography	n/a	n/a	n/a	1.00
Interpretation	n/a	n/a	1.00	1.00

Please note: All the program components will be subjected to a further factor of 2.5

## SECTIONS

### 1 (a) Golden Eagles Ladies (b) Golden Eagle Men

Age requirements: Must have turned 15 by the 1<sup>st</sup> July preceding the event

Section requirements: The skater must have passed the Skating Skills level 3

Program time: Ladies: 3:30 (± 10 sec.)  
Men: 4:00 (± 10 sec.)

#### A WELL BALANCED PROGRAM IS DEFINED AS:

- 1.1 A maximum of seven (7) jump elements for ladies and eight (8) for men (individual jumps, jumps combinations and jump sequences). There may be up to three (3) jump combinations or sequences. Only one jump combination can contain three (3) jumps. A jump sequence can contain any number of jumps, but only the two most difficult jumps will be counted. One of the jump elements must be an axel type jump.
- 1.2 A maximum of three (3) spins with at least six (6) revolutions. In spins the minimum number of revolutions required in any position is two (2). If this requirement is not fulfilled, the respective position will not be counted in the total number of positions. The number of changes of foot in a spin combination, if included, is optional, minimum of ten (10) revolutions in a combination spin. The spins must be of a different nature. There must be one spin with a flying entry in the program.
- 1.3 There must be a maximum of one (1) Step sequence that fully utilises the ice surface. The competitors have complete freedom in selecting the kind of step sequence they intend to execute. Jumps can also be included in the step sequence. Step sequences too short or barely visible cannot be considered as meeting the requirements of step sequences. The step sequence must be choreographed and performed in time to the music.

### 2 (a) Silver Falcons girls (b) Silver Falcons boys

Age requirements: Must have turned 10 but not have reached 15 years old by the 1st July preceding the event

Section requirements: The skater must have passed the Skating Skills level 2

Program time: Girls: 3:00 (± 10 sec.)  
Boys: 3:30 (± 10 sec.)

### **A WELL BALANCED PROGRAM IS DEFINED AS:**

- 2.1 A maximum of six (6) jump elements for ladies and seven (7) for men (individual jumps, jumps combinations and jump sequences). There may be up to three (3) jump combinations or sequences. Only one jump combination can contain three (3) jumps. A jump sequence can contain any number of jumps, but only the two most difficult jumps will be counted. One of the jump elements must be an axel type jump.
- 2.2 A maximum of two (2) spins with at least six (6) revolutions. In spins the minimum number of revolutions required in any position is two (2). If this requirement is not fulfilled, the respective position will not be counted in the total number of positions. The number of changes of foot in a spin combination, if included, is optional. One flying spin is required and one spin combination with a minimum of ten (10) revolutions. Level 3 is the highest level that will be awarded for spins. There must be one spin with a flying entry in the program.
- 2.3 There must be a maximum of one (1) Step sequence that fully utilises the ice surface. The competitors have complete freedom in selecting the kind of step sequence they intend to execute. Jumps can also be included in the step sequence. Step sequences too short or barely visible cannot be considered as meeting the requirements of step sequences. The step sequence must be choreographed and performed in time to the music.

### **3 (a) Bronze Hawks Girls (b) Bronze Hawks Boys**

Age requirements: Must have turned 10 but not have reached 13 years old by the 1st July preceding the event

Section requirements: The skater must have passed the Skating Skills level 1

Program time: Boys and Girls: 2:30 (± 10 sec.)

### **A WELL BALANCED PROGRAM IS DEFINED AS:**

- 3.1 A maximum of five (5) jump elements. A Maximum of 2 jump sequences or 2 combinations or one sequence and one combination. An Axel type jump must be included in one of the jump elements. All jumps may only be attempted or executed twice and if attempted or executed for a second time it must be in a jump combination or jump sequence.
- 3.2 A maximum of two (2) spins permitted in total. One (1) basic position spin with at least four (4) revolutions. No change of position or foot is permitted.
- 3.3 One (1) combination spin with at least five (5) revolutions. There must be at least two (2) positions with a minimum of two (2) revolutions in each position.
- 3.4 No flying entry spins are permitted. Maximum of level 2 for all spins.
- 3.5 There must be a maximum of one (1) Step Sequence or Spiral Sequence. The Spiral Sequence must contain two (2) spiral positions of 3 seconds each or one spiral of 6 seconds. The step sequence will be a base value choreographed step sequence and can be half the length of the rink. This must be a straight line step sequence. Step sequences too short or barely visible cannot be considered as meeting the requirements of step sequences. The step sequence must be choreographed and performed in time to the music. Boys are only permitted to do a step sequence.

**4 (a) Sparrows Girls  
(b) Sparrows Boys**

Age requirements: Must not have turned 10 by the 1<sup>st</sup> July preceding the event

Section requirements: The skater must have passed the Skating skills 1..

Program time: Boys and Girls: 2:15 (± 10 sec.)

A maximum of five (5) jump elements. A Maximum of 2 jump sequences or 2 combinations or one sequence and one combination. An Axel type jump must be included in one of the jump elements. All jumps may only be attempted or executed twice and if attempted or executed for a second time it must be in a jump combination or jump sequence.

- 3.2 A maximum of two (2) spins permitted in total. One (1) basic position spin with at least four (4) revolutions. No change of position or foot is permitted.
- 3.3 One (1) combination spin with at least five (5) revolutions. There must be at least two (2) positions with a minimum of two (2) revolutions in each position.
- 3.4 No flying entry spins are permitted. Maximum of level 2 for all spins.
- 3.5 There must be a maximum of one (1) Step Sequence or Spiral Sequence. The Spiral Sequence must contain two (2) spiral positions of 3 seconds each or one spiral of 6 seconds. The step sequence will be a base value choreographed step sequence and can be half the length of the rink. This must be a straight line step sequence. Step sequences too short or barely visible cannot be considered as meeting the requirements of step sequences. The step sequence must be choreographed and performed in time to the music. Boys are only permitted to do a step sequence.

**PART B: PAIR SKATING**

**A. Scale of Values Table**

The ISU Scales of Values Table shall be used with the following additions:

Element	Code	+3	+2	+1	Base	-1	-2	-3
Single Toe-Loop underrotated	1T<	0	0	0	0.3	-0.1	-0.2	-0.3
Single Salchow underrotated	1S<	0	0	0	0.3	-0.1	-0.2	-0.3
Single Loop underrotated	1Lo<	0	0	0	0.4	-0.1	-0.2	-0.3
Single Flip underrotated	1F<	0	0	0	0.4	-0.1	-0.2	-0.3
Single Lutz underrotated	1L<	0	0	0	0.5	-0.1	-0.2	-0.3
Single Axel underrotated	1A<	0	0	0	0.8	-0.2	-0.4	-0.6
Waltz Jump	A<<	0.3	0.2	0.1	0.2	-0	-0.1	-0.1

**B. Deductions for violations shall be as follows:**

Violation Type / Sections	Bronze	Silver	Gold
Time (for every 5 sec. in excess / lacking)	-0.25	-0.5	-0.5
Vocal Music	-1.0	-1.0	-1.0

Illegal element	-1.0	-1.0	-1.0
Costume / Prop	-1.0	-1.0	-1.0
Fall	-0.25	-0.5	-0.5
Interruption in excess: 11 – 20 seconds	-0.20	-0.30	-0.30
Interruption in excess: 21 – 30 seconds, etc	-0.20	-0.30	-0.30

### C. Program Components

Component Factors / Sections	Bronze	Silver	Gold
Skating Skills	n/a	1.00	1.00
Transitions	n/a	1.00	1.00
Performance / Execution	0.50	1.00	1.00
Choreography	n/a	1.00	1.00
Interpretation	n/a	1.00	1.00
Skating Skills & Transitions combined	1.00	n/a	n/a
Choreography & Interpretation combined	0.25	n/a	n/a

Please note: All the program components will be subjected to a further factor of 1.6.

### D. Well Balanced Program

For all the sections, a well balanced program is defined as containing:

- D.1 A maximum of three (3) lifts;
- D.2 A maximum of one (1) Twist lift;
- D.3 A maximum of two (2) different Throw jumps;
- D.4 A maximum of one (1) solo jump;
- D.5 A maximum of one (1) jump combination or jump sequence;
- D.6 A maximum of one (1) solo spin combination;
- D.7 A maximum of one (1) pair spin combination;
- D.8 A maximum of one (1) pivot figure or death spiral;
- D.9 A maximum of one (1) Spiral Sequence that fully utilises the ice surface. A spiral position in order to be counted must be held for at least three (3) seconds. The Spiral Sequence must contain at least two (2) spiral positions by each partner.

## SECTIONS

There are no age requirements in any of the sections.

### 1 Bronze Non-National Pairs

Section requirements: Both skaters must have passed the Pairs Class 1 or Class 2 Elements in Isolation Test but not the Pairs Class 3 or higher Elements in Isolation Test.

Program time: 2:00 – 2:30 (± 10 sec.)

### 2 Silver Non-National Pairs

Section requirements: Both skaters must have passed either the Pairs Class 3 or Class 4 Elements in Isolation Test but not the Pairs Class 5 or higher Elements in Isolation Test **OR** both skaters must have passed the Pairs Bronze Free Skating Test.

Program time: 3:00 – 3:30 (± 10 sec.)

### 3 Gold Non-National Pairs

Section requirements: Both skaters must have passed the Pairs Class 5 or Class 6 Elements in Isolation Test **OR** both skaters must have passed the Pairs Silver Free Skating Test.

Program time: 4:00 – 4:30 (± 10 sec.)

## **PART C: ICE DANCING**

There are no age requirements in any of the sections.

### **1 Bronze Non-National Dance**

Section requirements: Both skaters must have passed the Skating Skills Level 1 Test.

Compulsory Dance: Fourteenstep (4 sequences)

Free Dance: Duration: 2:00 (± 10 sec.)

A well balanced program must contain:

- (a) Only one (1) dance lift (as per rule E.1.5.4) with a maximum of five (5) seconds;
- (b) Only one (1) dance spin (as per rule E.1.5.4) consisting of at least two (2) rotations; and
- (c) At least one (1) but no more than two (2) Diagonal or Midline Step Sequences in varied holds.

### **2 Silver Non-National Dance**

Section requirements: Both skaters must have passed the Skating Skills Level 3 Test.

Compulsory Dance: Blues (3 sequences)

Free Dance: Duration: 3:00 (± 10 sec.)

A well balanced program must contain:

- (a) Only two (2) dance lifts (as per rule E.1.5.4) with a maximum of five (5) seconds each;
- (b) Only one (1) dance spin (as per rule E.1.5.4) consisting of at least three (3) rotations;
- (c) Only one (1) Circular Step Sequence in varied holds utilising the full width of the ice surface; and
- (d) One (1) set of synchronised twizzles comprising of at least one (1) twizzle performed simultaneously on one foot with at least one rotation for both partners. If more than one synchronised twizzle is performed by both partners then a maximum of three (3) steps in between the twizzles may be performed.

### **3 Gold Non-National Dance**

Section requirements: Both skaters must have passed the Skating Skills Level 4 Test.

Compulsory Dance: Argentine Tango (2 sequences)

Free Dance: Duration: 3:30 (± 10 sec.)

A well balanced program must contain:

- (a) Only three (3) different types of dance lifts (as per rule E.1.5.4). Two (2) of the lifts may not exceed five (5) seconds each and the third lift may not exceed twelve (12) seconds;
- (b) Only one (1) dance spin (as per rule E.1.5.4) consisting of at least three (3) rotations on one (1) foot;
- (c) Two (2) different Step Sequences in hold. One must be a straight line sequence (Diagonal or Midline) and the other a curved sequence (Circular or Serpentine); and
- (d) One (1) set of synchronised twizzles comprising of at least two (2) twizzles performed simultaneously on one foot with at least one rotation for both partners. A maximum of three (3) steps in between the twizzles may be performed.

## **PART D: SYNCHRONISED SKATING**

There are no age requirements in any of the sections.

### **1 Bronze Non-National Synchronised Skating**

Section requirements: All skaters must have passed the Skating Skills Level 1 Test.

Program time: 3:00 ( $\pm$  10 sec.)

### **2 Silver Non-National Synchronised Skating**

Section requirements: All skaters must have passed the Skating Skills Level 3 Test.

Program time: 4:00 ( $\pm$  10 sec.)

### **3 Gold Non-National Synchronised Skating**

Section requirements: All skaters must have passed the Skating Skills Level 4 Test.

Program time: 4:30 ( $\pm$  10 sec.)

All programs shall be judged as Free Skating programs. Although no minimum requirements are specified it is nevertheless expected that all programs will be harmoniously choreographed and well balanced in respect to the elements performed.