



## **SOUTH AFRICAN FIGURE SKATING ASSOCIATION**

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To all Provinces, Coaches, Judges and Members  
26 June 2015

### **NTC Communication 2015/03** **Free Fall rule for Novice, Junior and Senior sections**

Dear all,

The following proposed change to the fall in the short and long program for Novice, Junior and Senior singles sections was proposed by the NTC and approved by the council on the 10<sup>th</sup> May 2015. This rule is to apply for the season 1 July 2015 to 30 June 2016. Downgraded attempts of the jump will not qualify for the free fall. The technical panel will manually apply the free fall rule when reviewing the called elements. Only **ONE** free fall is permitted per program.

	<b>Free Fall - Downgraded attempts do not qualify for a free fall</b>	
	<b>Short programme</b>	<b>Free Programme</b>
<b>Novice Ladies</b>	<b>Double Axel or triple jump with steps</b>	<b>Double Axel or a triple Jump</b>
<b>Novice Men</b>	<b>Double Axel or triple jump with steps</b>	<b>Double Axel or a triple Jump</b>
<b>Junior Ladies</b>	<b>Triple jump with steps</b>	<b>A triple jump</b>
<b>Junior Men</b>	<b>Triple jump with steps</b>	<b>A triple jump</b>
<b>Senior Ladies</b>	<b>Triple Loop, Flip or Lutz</b>	<b>Triple Loop, Flip or Lutz</b>
<b>Senior Men</b>	<b>Triple Loop, Flip or Lutz</b>	<b>Triple Loop, Flip or Lutz</b>

Kind Regards

Etienne Dreyer  
NTC Chairman  
South African Figure Skating Association



President: Mr V D'Aguanno; Deputy President: Mr N Abrahams; National Secretary: Mrs D. Rees;  
National Treasurer: Mrs E. Rosser; National Development Officer: Mr E Dreyer

Member of the International Skating Union & South African Sports Confederation and Olympic Committee

